

SPNI Yarok schedule

April 2008



Come join SPNI's tours for individuals and families. Tours are held in Hebrew, although many of the guides and participants speak English. Children up to the age of 3 can join for free.

For further information, or to make a reservation, please call 011-972-3-6388625 or 6388688, to the cell-phone number 011-972-57-2003030, or by e-mail to teleteva@spni.org.il. Information and reservations by phone can be made during Israeli business hours, Sunday–Thursday 1:00 am–9:00 am, EDT; Friday 1:00 am–6:00 pm, EDT.

Trip times and starting points are given at time of registration.

Required equipment on all SPNI hikes: high shoes, hat, sunscreen, and two liters of water per person.

FAMILY HIKES AND ACTIVITIES

All on the Bach!

Saturday, March 29 and April 19. Code: 92903830.

A spring morning hike for families with small children to the cliffs of the Ga'ash beach, amongst the special plants and animals that live here.

The excursion is by private cars. Price for members is NIS 15; price for non-members is NIS 30.

Descending 1000 meters

Saturday, April 5 and Thursday, April 24. Code: 40504804.

A magical desert hike: we will lookout from Zohar Head (600 meters above sea level), descent the Zohar River, walking through Acacia trees, waterfalls, marlstone hills and mazes, and end dipping in the Dead Sea, some 400 meters below sea level.

The excursion is by private cars. Price for members is NIS 60; price for non-members is NIS 90.

The "Rebels" in the Galilee

Saturday, April 12 and Thursday, April 24. Code: 21204805.

A hike in the footpaths of the story of the great revolt against the Romans. We will begin from the Yodfat Mound, and ascend to the peak of Mt. Atzmon, where we will view the wide, open space of the Lower Galilee, in between visiting caves, water cisterns and ruins where the rebels hid, all while enjoying the spring blossoms.

The excursion is by private cars. Price for members is NIS 60; price for non-members is NIS 90.

Adventures in the Park

Saturday, April 12, Tuesday, April 22 and Sunday, April 27. Code: 91204806.

A short hike in the Canada (Ayalon) Park. We will walk along the Valley of Springs and its fig, pomegranate and palm trees, stop to rest at the Spring of the Dates, and see many interesting trees, flowers and birds along the way.

The excursion is by private cars. Price for members is NIS 60; price for non-members is NIS 90.

Passover Family Hikes

Egypt Exodus on the Dunes

Sunday, April 20 and Wednesday, April 24. Code: 32004807.

We will enjoy a hike in the majestic Dune Park, rolling, playing, and running in the pristine sand. We will learn about the connection between Egypt and the dunes, between freedom and spring blooming, and solve the mystery of the reproduction of the sycamore tree, while creating butterflies and flowers.

The excursion is by private cars. Price for members is NIS 51; price for non-members is NIS 75.

Moonlight on Mt. Sodom

Sunday Night, April 20. Code: 42004808.

A special night hike to the moonlike terrain of the Amiaz Plains and Mt. Sodom: we will ascend the mountain made of salt, walking on soft paths and helped by stakes, reaching a view of the Sea of Death. With dark we will descend the Sodom river, reaching the Amiaz plains.

The excursion is by bus. Price for members is NIS 66; price for non-members is NIS 99.

Water by Mt. Gliboa's Footsteps

Monday, April 21 and Friday, April 25. Code: 22104809.

A short morning hike: We will start looking out on the Harod Valley, hike among ruins, and descend to the Ein-Yizrael spring, where we will enter the wet cavern with flashlights.

The excursion is by private cars. Price for members is NIS 60; price for non-members is NIS 90

Passover in the Outdoors!

Eilat SPNI Field School

Monday to Wednesday, April 21-23. Code: 62104811.

Three days of fun and hiking in the desert and exploring the majestic underwater world. We will hike in the Red Canyon and its surroundings, snorkel in the Corral Beach nature reserve, climb to the sandstone pillars of the Timna Valley, and descent to the copper mines. The 1st night will be spend in the Mt. Yehoram campgrounds, the 2nd in the Eilat SPNI Field School.

The excursion is by private cars. Price for members is NIS 597; price for children is NIS 507. **Price includes outdoor sleeping facilities, full meals, and entrance into parks and reservs.**

To the High Mt. Negev

Tuesday, April 22 and Saturday, April 26. Code: 52204812.

An amazing hike to the high Mt. Negev: the valleys around the Lutz Holes, full of spring blooming, Pistacia trees, and a lookout to the colorful Ramon Crater.

The excursion is by private cars. Price for members is NIS 60; price for non-members is NIS 90

Colors, Legends & Miracles in the Galilee

Wednesday, April 23 and Saturday, April 26. Code: 22304813.

A flowery spring hike to the top of Mt. Meron: majestic Galilee views, shaded nature hikes, a trip to picturesque village of Peki'in and a visit to the cave of the famous Rabbi Bar-Yochay.

The excursion is by private cars. Price for members is NIS 60; price for non-members is NIS 90

ADULT HIKES Ages 18 and up

The Views of his Childhood

A singing hike

Saturday, April 12. Code: 71204823.

A spring excursion following the songs of Ehud Manor, through his childhood realms of Binyamina and Ramat-HaNadiv.

The excursion is by bus. Price for members is NIS 144; price for non-members is NIS 216.

The Mystery of Mt. Sinai

Thursday-Friday, April 24-25. Code: 52404824.

A special hike to Mt. Karkom: We will begin on Mt. Negev, hike in the Negev's vast expanses, and view the desert in bloom. After camping, we will ascent Mt. Karkom by safari jeep to the ancient temples and wall paintings, and try to find out if this is the legendary Mt. Sinai!

The excursion is by bus. Price for members is NIS 675; price for non-members' Jeep is NIS 1011. **Price includes travel by jeep, outdoor sleeping facilities, full meals, and entrance into parks and reservs.**

MEDIUM- TO DIFFICULT-LEVEL HIKES Ages 18 and up

The Gates of the River Metzar

Saturday, April 19. Code: 11904828.

A surprising hike in the Southern Golan. The trip will cross the Ein-Gev stream, Tel_Atar, Bir-A-Shagum, follow the El-Al stream and end with an ascent and a visit to the Um-ElKantir springs.

The excursion is by bus. Price for members is NIS 135; price for non-members is NIS 201.

Mountain to Sea Trek

Eilat SPNI Field School

Wednesday to Friday, April 23-25. Code: 62304829.

Three days of challenging fun and hiking in the desert and exploring the majestic underwater world. We will hike through the mountains and valleys of the southern tip of Israel, and end snorkeling in the Corral Beach nature reserve,

The excursion is by bus. Price for members is NIS 747; price for children is NIS 1119. **Price includes outdoor sleeping facilities, full meals, and entrance into parks and reserves.**

HIKING ON THE ISRAEL PATH

The Israel Path, 950 continuous kilometers of marked paths, is an extraordinarily large project initiated by SPNI that has caused a revolution in Israel's hiking culture. For the first time, one can walk the length of Israel on one track, experience the dust of the Negev Desert, feel the cool of the Jerusalem Mountains, and enjoy the abundance of water in the north. SPNI is harnessing itself to fulfill the dream of many: hiking along the Israel Path. For the first time, in an organized manner, you will be able to join a group, hiking the whole path from north to south once a month; or join a group of adults or families, hiking on 12 selected portions of the path. Those who finish the path will receive a special certificate. It is possible to join the hikes at any time and fill in missing portions in the future.

To the most beautiful of the Galilee's cliffs

Saturday, April 12. Code: 71204819.

An experience of views, cliffs and carstic rocks in one of the most beautiful spots of the Israel Path—Mt. Arbel. We will ascend a path around the cliff, and continue to the Switzerland Forrest, observing the majestic Sea of Galilee.

The excursion is bus. Price for members is NIS 126; price for non-members is NIS 189.

CYCLING TOURS

A bicycle and helmet can be rented for an extra NIS 75. A technician from the Rozen & Meents Bike Company will accompany the tour and advise the participants. Trips are intended for persons with off-road cycle experience and are meant for ages 10 and up.

Cycling in the Deserts Paths

A two day family cycle tour

Wednesday-Thursday, April 23-24. Code: 52304814.

A fascinating and fun full cycle journey in the footpaths of the Nabatians, the only people to be called "Masters of the Desert". We will visit the Nabatian ruins, search for the ancient milestones on the Perfume Path, enjoy the spring blossoms and cook and tell tales around the campfire.

The excursion is by private cars. **The distance cycled will be approximately 50 km (in two days).** Price for members is NIS 357; price for non-members is NIS 534. **Price includes outdoor sleeping facilities, full meals, and entrance into parks and reservs.**

JEEP TOURS

A Jeep Trip to Ka'ne River,

Monday, April 21. Code: 82104810. Easy navigability.

A Jeep tour through the breathtaking scenery of the Samaria. After an amazing lookout, we will drive along the Ka'ne River, the largest in Samaria. Along the trip we will stop to wet our feet, see ancient ruins, terraces, and cisterns—a beautiful trip.

The excursion is by private Jeeps. Price for members' Jeep is NIS 243; price for non-members' Jeep is NIS 363. **When registering, please make sure that you have the right kind of Jeep for the tour. You must have experience in off-road driving, and towing and rescuing equipment.**

Young Mountain Detectives

A family jeep tour to the Mt. Negev SPNI area

Monday-Tuesday, April 21-22. Code: 52104815. Easy navigability.

A family weekend that will include driving, hiking, history, research and amazing natural beauty. We will hike in the Negev's vast expanses, and view the desert in bloom. After a night on the foot of Mt. Karkom, we will ascent to the ancient temples and wall paintings, and try to find out if this is the legendary Mt. Sinai!

The excursion is by private Jeeps. Price for members' Jeep is NIS 627; price for non-members' Jeep is NIS 939. **When registering, please make sure that you have the right kind of Jeep for the tour. You must have experience in off-road driving, and towing and rescuing equipment. Includes sleeping in the field.**

WINGS: BIRDING TOURS FOR ALL AGES

Birding Trips to Ma'agan Michael

Saturdays, weekly. Code: 71310730

Friday, April 12. Code: 71611726

During Passover: Monday, April 21. Tuesday, April 22. Wednesday, April 24. Code: 72104816

A festival of nature and birds for the whole family: a tour to the fish pond of Kibbutz Ma'agan Michael and to the beach, where we will observe common and little tern, plovers, herons, gulls, storks and ducks

and learn about their lives. The tours will be led by some of the best SPNI birding guides, and will include bird ringing.

The excursion is by private cars. Price for members is NIS 51; price for non-members is NIS 75.

Swallows around the Clock

Saturday, April 12, code: 71204818

A tour in search of the ever-flying swallow birds in Tel Aviv, a locally endangered species.

The excursion is by foot. Price for members is NIS 54, price for non-members is NIS 75.

HIKES FOR SINGLE-PARENT FAMILIES

The Scent of Cumin

Saturday, April 5. Code: 70504803.

After a lookout from the top of the Lower Galilee's mountains, we will descend the rock-steps of the C'nom (cumin) River, and continue walking along the water, dip our feet in the Tzalmon River, and see the colorful spring bloom of the flowers.

The excursion is bus. Price for members is NIS 126; price for non-members is NIS 189.

TEVA-DATE SINGLES TOURS

Green and Blue in the Western Galilee (ages 45-60)

Sunday, April 20. Code: 72004826.

A hike in the Western Galilee, through the meandering Yehiam stream, oak forest and the ecological village of Klil. We will end with an interesting walk along the ancient walls of Acre.

The excursion is by bus. Price for members is NIS 150; price for non-members is NIS 225.

The Picturesque Galilee

Saturday, April 26. Code: 22604827.

We will go on a fascinating hike to the white rock hills near the Gush Halav River, hidden in the Upper Galilee. We will hike by fig and poplar trees, well springs and the Halav River. Later, we end in the midst of the high trees in the Bar'am forest.

The excursion is by bus. Price for members is NIS 126; price for non-members is NIS 189.